



**Expression of Interest – Contract Medical Officer or Nurse Practitioner  
Downscale Weight Loss Clinic (Australia)**

Downscale is a clinician-led, evidence-based, patient-centred Australian weight management telehealth service, with plans for in-clinic care in the future. We are seeking **one Contract Medical Officer or Nurse Practitioner** who aligns with our model of care. Please review our website for further detail. This is a selective, quality-focused clinic — not a high-volume or transactional “script factory”.

We are seeking a **generalist clinician** with whole-person experience, ideally with at least two years’ experience in weight management and longitudinal care (for example, experience gained in general practice or similar settings). You value patient-centred, evidence-based care and are comfortable managing complexity over time, including chronic disease, mental health considerations, hormonal factors, and behaviour change. You are willing to work as part of a team, are open to practising differently from traditional weight-loss clinics, and are comfortable using technology, including AI-enabled tools such as AI scribes.

This is a **flexible contractor arrangement** (not employment) with no pressure on hours. The financial model is an **80/20 split**, with 80% of billings paid to the clinician and 20% to the clinic to support systems, compliance, and infrastructure. Alignment and fit matter more than volume. We respect patient choice — if patients follow you into the clinic or choose to follow you on if you move on, that is respected. We do not force bookings, and we continue to innovate across systems and models of care.

Downscale currently cares for approximately **2,000 patients** and is typically booked around a week in advance. Patients choose their clinician, and continuity and trust are prioritised over throughput. We use **Halaxy** and **TeleCheck**. Clear documentation and patient-centred care are expected. Clinicians manage a portion of their own administration within the 80/20 structure. IT and AI innovation are key focuses of the clinic.

We are building intentionally and are interested in clinicians who wish to grow with a considered, evidence-based model of weight management care.

We are accepting **Expressions of Interest only** until **18 January 2026** via

[https://docs.google.com/forms/d/e/1FAIpQLSf6SY8n4TbhajSpulfuhSUO\\_tUxb6hRvfw4-7jMiT5apgOFcg/viewform?usp=publish-editor](https://docs.google.com/forms/d/e/1FAIpQLSf6SY8n4TbhajSpulfuhSUO_tUxb6hRvfw4-7jMiT5apgOFcg/viewform?usp=publish-editor) or via our website [www.downscale.com.au](http://www.downscale.com.au)